

2025 C.O.O.R. Educational Center Local Wellness Policy: Triennial Assessment Summary

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet regularly throughout the school year, the assessment plan should be used to ensure progress on the district's wellness policy and procedures.

Purpose

The assessment below is offered to help summarize the information gathered during the triennial review. It contains the three required components of the triennial assessment, including:

- 1) compliance with the wellness policy.
- 2) How does the wellness policy compare to the model wellness policies?
- 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. The LEA decides on how the evaluation is made available. Many LEAs choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment and supporting documentation on file. This will be needed when you have an administrative review of the School Nutrition Program.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment: C.O.O.R. Education Center

Month and year of current assessment: August 2025

Date of last Local Wellness Policy revision: January 2024

Website address for the wellness policy that is accessible to the public:

<https://meetings.boardbook.org/Public/Book/1970?docTypeId=221082&file=7949eb91-a222-47fa-aab0-7017b9347adb>

Section 2: Wellness Committee Information

How often does your school wellness committee meet?

Three Times Annually

School Wellness Leader:

Name	Job Title	Email Address
Emily Quinlan	School Nurse	quinlane@coorisd.net

School Wellness Committee Members:

Name	Job Title	Email Address
Joseph Moore	School Principal	moorej@coorisd.net
Kristen Kalthoff	Administrative Assistant	kalthoffk@coorisd.net
Kimberly Murphy	Food Service Director	murphyk@coorisd.net
Gretchen Walsh	PT Assistant	walshg@coorisd.net
Ayesha Weber	Social Worker	webera@coorisd.net

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ✓ [Michigan State Board of Education Model Local School Wellness Policy](#)
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies:

The C.O.O.R. Intermediate School District Wellness Policy reflects a strong commitment to fostering a healthy school environment. It aligns with the Michigan State Board of Education Model Local School Wellness Policy in several key areas, including promoting lifelong wellness through nutrition education, regular physical activity, and the availability of nutritious food and beverages during school hours.

Both policies prioritize the importance of a coordinated approach to school health and recognize the role of staff, students, families, and the broader school community. C.O.O.R. ISD's policy emphasizes collaboration among stakeholders, consistent with the model policy's recommendation for establishing a Wellness Committee to guide and support implementation.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the day are consistent with federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Food and beverage marketing policies allow marketing and advertising of only foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

The table below outlines and indicates the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the entire district.

Michigan Department of Education Local Wellness Policy Assessment:

School Name: **C.O.O.R. Educational Center**

Date: July 2025

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline: School Years	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
School-based activities to promote student wellness goal(s):						
All school-sponsored events will adhere to the wellness policy guidelines when appropriate.	The appropriate administrative person(s) will review any planned or promoted events to ensure compliance with all school policies, including the wellness policy, prior to approval.	2025-2026 2026-2027 2027-2028	End-of-school-year review of school-sponsored events will be performed and recorded by the Wellness Committee to provide any feedback to improve adherence to the policy guidelines for future events.	J. Moore	Administration Principal Event Committees	
Physical Activity Goal(s):						
Physical activity time will be offered and accessible to the Educational Center students daily.	Each Educational Center class will have access to the available gymnasium for 30 minutes every day, and staff and teachers will be strongly encouraged to utilize this time to its full extent as appropriate.	2025-2026 2026-2027 2027-2028	Teachers and CEC staff will report and document student use of the gymnasium or any scheduled physical activities students participate in.	G. Walsh J. Moore	Students CEC Classroom Staff	
Physical Activity sessions will be offered and accessible to the Adult Transition Center students.	Sessions focused on fitness will be part of the job rotations integrated into the curriculum offered to Adult Transition Center students.	2025-2026 2026-2027 2027-2028	Teachers and ATC staff will document participation in any student fitness activities.	G. Walsh J. Moore	Students ATC Staff	

Nutrition Promotion and Education Goal(s):						
Nutrition education will include enjoyable, developmentally appropriate, and culturally relevant participatory activities.	Students will engage in 1 educational discussion and 1 taste test based on nutritional foods at least once a year.	2025-2026 2026-2027 2027-2028	Teachers, therapists, or social workers will log discussion and taste session(s), and classroom staff will be encouraged to invite a wellness committee member to attend nutrition lessons to ensure students have healthy options and offerings.	A. Weber	Students CEC Classroom Staff Wellness Committee	
Nutrition guidelines for all foods and beverages served on the school campus (i.e., school meals and smart snacks):						
The Food Service Director monitors reimbursable school meals that meet USDA nutrition standards	Monitor production records twice a year to ensure compliance.	2025-2026 2026-2027 2027-2028	Review progress of this goal at Wellness Committee meetings	K. Murphy	Food Service Director	
Guidelines for other foods and beverages available on the school campus, but not sold:						
All classroom parties, snacks, and celebrations will be encouraged to offer healthy options to students.	Staff planning events for students will be instructed to stick to food selections that are compliant with Smart Snack standards.	2025-2026 2026-2027 2027-2028	Teachers and classroom staff will be encouraged to invite a wellness committee member to attend celebrations to ensure healthy student	J. Moore	CEC Classroom Staff ATC Classroom Staff Students	

			options and offerings.			
Marketing and advertising of only foods and beverages that meet Smart Snacks standards:						
Any foods and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School nutrition standards	Allow only approved commercial marketing posters or advertisements to be placed in visible areas. Any unapproved signage will be removed until approved or disposed of if not approved.	2025-2026 2026-2027 2027-2028	Periodic review of visible advertisements or promotions to ensure compliance.	K. Kalthoff	Principal Food Service Director	