

Michigan Department of Education Local Wellness Policy Assessment:

School Name: **C.O.O.R. Educational Center**

Date: July 2025

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline: School Years	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
School-based activities to promote student wellness goal(s):						
All school-sponsored events will adhere to the wellness policy guidelines when appropriate.	The appropriate administrative person(s) will review any planned or promoted events to ensure compliance with all school policies, including the wellness policy, prior to approval.	2025-2026 2026-2027 2027-2028	End-of-school-year review of school-sponsored events will be performed and recorded by the Wellness Committee to provide any feedback to improve adherence to the policy guidelines for future events.	J. Moore	Administration Principal Event Committees	
Physical Activity Goal(s):						
Physical activity time will be offered and accessible to the Educational Center students daily.	Each Educational Center class will have access to the available gymnasium for 30 minutes every day, and staff and teachers will be strongly encouraged to utilize this time to its full extent as appropriate.	2025-2026 2026-2027 2027-2028	Teachers and CEC staff will report and document student use of the gymnasium or any scheduled physical activities students participate in.	G. Walsh J. Moore	Students CEC Classroom Staff	
Physical Activity sessions will be offered and accessible to the Adult Transition Center students.	Sessions focused on fitness will be part of the job rotations integrated into the curriculum offered to Adult Transition Center students.	2025-2026 2026-2027 2027-2028	Teachers and ATC staff will document participation in any student fitness activities.	G. Walsh J. Moore	Students ATC Staff	

Nutrition Promotion and Education Goal(s):						
Nutrition education will include enjoyable, developmentally appropriate, and culturally relevant participatory activities.	Students will engage in 1 educational discussion and 1 taste test based on nutritional foods at least once a year.	2025-2026 2026-2027 2027-2028	Teachers, therapists, or social workers will log discussion and taste session(s), and classroom staff will be encouraged to invite a wellness committee member to attend nutrition lessons to ensure students have healthy options and offerings.	A. Weber	Students CEC Classroom Staff Wellness Committee	
Nutrition guidelines for all foods and beverages served on the school campus (i.e., school meals and smart snacks):						
The Food Service Director monitors reimbursable school meals that meet USDA nutrition standards	Monitor production records twice a year to ensure compliance.	2025-2026 2026-2027 2027-2028	Review progress of this goal at Wellness Committee meetings	K. Murphy	Food Service Director	
Guidelines for other foods and beverages available on the school campus, but not sold:						
All classroom parties, snacks, and celebrations will be encouraged to offer healthy options to students.	Staff planning events for students will be instructed to stick to food selections that are compliant with Smart Snack standards.	2025-2026 2026-2027 2027-2028	Teachers and classroom staff will be encouraged to invite a wellness committee member to attend celebrations to ensure healthy student	J. Moore	CEC Classroom Staff ATC Classroom Staff Students	

			options and offerings.			
Marketing and advertising of only foods and beverages that meet Smart Snacks standards:						
Any foods and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School nutrition standards	Allow only approved commercial marketing posters or advertisements to be placed in visible areas. Any unapproved signage will be removed until approved or disposed of if not approved.	2025-2026 2026-2027 2027-2028	Periodic review of visible advertisements or promotions to ensure compliance.	K. Kalthoff	Principal Food Service Director	